# How to Get the Most from your Trial with TheTradingZone.com

# **Trading Hours**

Our chat room operates from 8 am until 2:30 pm EST (New York Time)

- European Session: 3 am to 7:30 am
- US Session 8:20 am to 12:30 pm

#### **Markets Followed**

- ES eMini SP 500
- NQ eMini NASDAQ
- TF eMini Russell 2000
- CL Crude Oil
- Gold

#### **About Our Methodology**

Based on Market Structure as defined by Market Profile and Order Flow, or what is also known as Price Action or 'the tape'

In order to fully appreciate our trading methods, we have provided you with a previously recorded webinar on Market profile.

You can access the Recorded Market Profile Webinar Here

We strongly suggest watching it to better understand what we are doing in the chat room.

#### **Charts Broadcast in the Chat Room**

In order to provide greater transparency and allow you to fully maximize your time on trial, we will broadcast our 'basic' charts live in the chat room.

Please note that these are not the complete templates used by our members, they are a scaled down version that allow us to draw attention to certain inflection points on the charts where we are likely to find our trades.

Generally we trade using either a 2 or a 3 minute chart, however Market Profile is always calculated on a 30 minute basis.

The purpose of the chart broadcast is for educational purposes and NO guest or member should be

relying on these to place trades. They will lag due to the inherent technology constraints, and this is of course beyond our (or your) control

Every trader must have their own charts if they choose to trade.

If you do not have charts, a 30 day free demo is provided for you on your Trial Page

# When the Market Opens

You will start to hear the tempo of the room pick-up (very similar to when the trading pits open up).

Because our methodology includes both Market Profile and Order Flow, understanding how the Larger Institutional Traders (Goldman Sachs, Merrill Lynch, Smith Barney, etc) are interacting with the Speculators (often called "Locals") is important.

Using a direct Audio link to the SP 500 pit in Chicago, our resident 20 year floor trader will relay, comment and explain what is happening in the trading Pit

This commentary will usually continue for the first 60 to 90 minutes of the trading day

The audio feed is what is known as a squawk box, and is a preferred tool of former floor traders who have previously traded in the PIT. It is not a requirement, for our traders. We provide this service free to our guest and members as a way to further educate them on the Institutional / Local interaction

### **Only 3 Trading Setups**

Our rule #1 is to keep things simple, to be consistent with that, we only use 3 trading setups.

Simply because the market is moving does not mean that we have one of our setups in place, nor does it mean that our setup is confirmed. Often you will find that sitting and waiting for a confirmed setup (as we often do) leads to higher probability of success.

### Only 1 Methodology Allowed in the Chat Room

Success in trading comes from focus and specialization. This is a rule we adhere to in our chat room.

We follow 1 method only, and that is TheTradingZone method. This is not because we don't believe that other methods are valid or successful but rather because it is impossible for a trader to follow multiple methods at one time. It leads to conflicting information, confuses the trader and causes hesitation and error.

# **Moderators Only May Post**

For the reason explained above, only moderators may post a trade. All trades are 1<sup>st</sup> called out verbally in order to get the information out as quickly as possible, and then entered in text in the chat room with a time stamp.

All trades will use the standard TTZ trade management unless specifically mentioned otherwise.

As a guest in our room we request that you do not share your trades or any other market information as it may more than likely confuse others who may not know that you are not trading the TTZ method.

Exception: the exception to this is experienced TTZ members who are skilled and have been successfully trading our methods for many years. Some chose to help out by posting trades but have chosen not to become moderators in the room for their personal reasons. Members who do post trades have been given the authority to do so by TTZ.

#### **Best Time to Trade**

The opening of the US markets from 9:30 am to approximately 11:30 has always been the most active time in the markets, and still represents the time of day where we find 80-90% of our trades.

#### **Worst Time to Trade**

The lunch hour typically between 11:30 and 1:30 pm, or what is also commonly referred to as the doldrums has always been the highest risk time of day.

Given that our methodology requires volume to confirm trade entries, we are unlikely to find trades at that time of day.

It is not unusual to have no trades at all between 11:30 and 1:30 EST

# We are an educational service not a trade calling room.

All trades called or mentioned in the chat room are for educational purposes as they help accelerate our member's learning curve. We do not encourage nor endorse shadow trading in any way. Success in trading comes with an understanding of why you are taking a trade, and not blindly following someone else's trade.

Everything we do at TheTradingZone is designed to give you that knowledge to become a self-reliant independent and successful trader.

Please do not shadow trade.

#### **Patience and Discipline**

If our trades are not setting up, we will not trade. It's that simple

If market conditions are poor, we will not trade.

No trader has ever found success by breaking their rules, trading outside of their methodology or trying to beat poor market conditions.

We will always be patient and disciplined and wait for the right opportunities

## **Asking Questions How and When**

We encourage all trial guests to ask questions in order to learn more about our trading approach, and for that reason we assign 1 hour each day to addressing your questions.

So please take advantage of the lunch hour between 11:30 and 1:30 EST to ask any question.

Our moderators have a combined 40 + years of trading and educating experience and are always happy to answer your questions

#### When NOT to ask Questions

During the morning trade 9:30 to 11:30 am our moderators are focused on watching the markets, relaying market information, providing commentary and managing their own trades.

Please do not ask questions by IM or private chat the moderators during that time. It causes them to lose focus, potentially missing a trade or entering a bad trade which has negative effects on all chat room attendees, members and guests alike.

Instead, please hold your questions for the designated time, we will always make an announcement explaining that the morning trade has ended, and we are prepared to take your questions.

Feel free to email your questions to any moderator or TTZ staff member
Visit the **about us page** for full contact information: <a href="http://thetradingzone.com/about-us/">http://thetradingzone.com/about-us/</a>

# Being Contacted by a Moderator

At some point in your trial a moderator will contact you via private message in the chat room.

You will see a blinking orange tab and possibly hear doorbell sound, (depending on your settings)

Do not be frightened, he just wants to say hi.

We are often supplied with goodies from our broker or marketing partners and we would like to pass these on to you. They can include a commission rebate, free software or charts, discounts on membership etc..

Remember, there is no obligation whatsoever; we simply want to get the information to you, so that you can make an educated, informed decision.

### **A Community**

More than just a trading company, TheTradingZone is a community and a home for many of our traders. These include former floor traders, fund managers, prop traders, independent traders, part time traders, and newbies just getting started.

We have always demanded and maintained an environment of mutual respect and camaraderie. We recognize that many in our community are full time professional traders who have been trading for a living for many years and look upon the chat room as their place of business. Some of whom have been trading side by side with us for 10 years.

We ask that all guests to our chat room take a minute to appreciate this and remember that you are entering their home, so please be respectful and courteous.

# **TTZ Trade Management**

A trading system is about more than just an entry, knowing and understanding the trade management is a vital part of any system.

Here is the TTZ trade management

Market	Time Frame	Entry Type	Initial Stop	1st Target	2nd Target	Move Stop to Break Even Entry at	Trailing Stop Activated at	Trailing Stop Distance	Measured Move
ES	3 Min	Stop Limit	6	2	4	8	8	Chart	12
	<u> </u>	Stop						0.10.10	
NQ	3 Min	Limit	12	5	12	12	12	Chart	24
TF	2 Min	Stop Limit	6	3	6	10	6	10	12
CL	2 Min	Stop Limit	10	4	8	10	15	15	20
GC	3 Min	Stop Limit	10	4	8	10	15	15	20
6E	3 Min	Stop Limit	8	4	8	12	12	12	16
DAX	3 Min	Stop Limit	10	4	10	15	15	15	20

#### Here to Help

Lastly, we are here to help.

We have turned many unprofitable traders into profitable ones.

We have taken experienced traders and made them more profitable.

We have educated laymen who never traded a single contract prior to joining and seen then go on to securing major positions in the industry with trading firms and hedge funds.

So don't be afraid to ask for help. After all that is why you came to us in the first place, and we promise to provide you with the best possible trading education available.

Regards

TTZ Admin

# **Legal Disclaimers**

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Affiliates, employees, chat room moderators may or may not have positions or effect transactions in the securities or commodities mentioned or described, and may also employ trading strategies that may be consistent or inconsistent with the strategies described on the web site, in the educational series, or in the chat room.

Members agree to indemnify and hold TheTradingZone.com, its parent company, subsidiaries, affiliates, officers and employees harmless from any claim or demand, including reasonable attorneys' fees, made by the member or any third party due to or arising out of a member's use of the service.

#### The Trading Zone is not a trade calling service.

The Trading Zone is an <u>educational company</u> that provides traders with educational tools, educational videos and other educational materials. Any alerts or information you may receive in our chat room by email or other transmission are purely for educational purposes. No information or alert is intended to be considered as advice, and is not a solicitation to buy or sell.

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#### Hypothetical or simulated performance

Results are hypothetical. Hypothetical or simulated performance results have certain inherent limitations. Unlike an actual performance record, simulated results do not represent actual trading. Also, since the trades have not actually been executed, the results may have under- or over-compensated for the impact, if any, of certain market factors, such as lack of liquidity. Simulated trading programs in

$general\ are\ also\ subject\ to\ the\ fact\ that\ they\ are\ designed\ with\ the\ benefit\ of\ hindsight.\ No\ representation\ is\ being\ made\ that\ any\ account$
will or is likely to achieve profits or losses similar to those shown.